

FOR PRACTITIONER MEMBER STATUS

Activities that qualify for HHA Continuing Professional Education (CPE)

10 hours to be accrued per year, or 20 hours over 2 years.



1. Self-directed learning such as:
 - o Book and/or research paper purchases
 - o Magazine/journals
 - o External studies/online learning
2. Workshops, seminars, conferences, courses, education relating to holistic therapies, other allied health modalities and social sciences. These may include medical interventions, research bodywork, counselling, communication skills and wellness programs. Also included are business studies that relate to business development, communication, coaching, clinical practices, privacy, ethics etc.
3. Preparation of lectures, workshop or conference presentations, and articles accepted for publication.
4. Research and case studies.
5. Receiving or providing professional coaching, mentoring or supervision in one hour sessions, including self care.
6. Practitioner exchange session.
7. Designing, developing, conducting and participating in research projects.
8. Lectures, seminars, group presentations, with and without assessment
9. Promotion of your business and other relevant holistic therapies.
10. HHA Regional meetings and seminars.
11. Attending Ordinary General Meetings, Special General Meetings or Annual General Meetings of the HHA and other relevant organisations.
12. Participating on HHA subcommittee, should the opportunity arise. Earning possible pathway to board membership.

AS MEMBERS YOU SHOULD ALREADY BE ACCURING CPE POINTS BY ATTENDING SEMINARS, BUYING INDUSTRY RELATED DVDS/BOOKS AND OTHER PROFESSIONAL DEVELOPMENT ACTIVITIES!

Please note lunch breaks are not included in total hours. Other topics are to be relevant to your career or business and at least 50% of your CPE points must be holistic/natural therapy based topics, and/or relevant to your therapy practice.

For more information, please read the following attachments:

1. HHA Continuing Professional Education
2. Points for Activities qualifying HHA Continuing Professional Education (CPE)
3. Example of completed CPE log sheet
4. Example of Signed CPE log sheet for Continuing Professional Education

**Points for Activities which qualify for
HHAI Continuing Professional Education (CPE)**



ACTIVITY	POINTS	EVIDENCE REQUIRED	YEARLY LIMIT
Attendance at an HHAH General Meeting or HHAH Annual General Meeting	3 points per hour	Signed attendance register or signed CPE log sheet	10
Attendance at an HHAH workshop, lecture, seminar or regional meeting	1 point per hour of attendance	Signed CPE log sheet	20
Attendance at a non-HHAH workshop, lecture or seminar related to your business	1 point per hour of attendance	Signed CPE log sheet	15
Completed post-graduate course – such as a Graduate Diploma, Masters or PhD at a HHAH recognised college.	20 points per course	Signed certificate of attainment	20
Complete a course which requires more than 20 hours study at a HHAH recognised college.	20 points per course	Signed certificate of attainment	20
Attendance of refresher modules from an HHAH accredited course.	1 point per hour of attendance	Signed CPE log sheet	20
Sitting an HHAH external exam	2 points per exam	Signed CPE log sheet	10
Presenting at an HHAH event (workshop, etc)	2 points per presentation hour	Proof of presentation	20
Presenting training at conferences (must be holistic or natural therapies based)	2 points per presentation hour	Proof of presentation	20
Participation on HHAH subcommittee	1 point per hour of attendance	Signed attendance register	20
Author (or joint author) of published article / research paper for holistic or natural therapy publication	3 points per 250 words	Copy of article	
Author (or joint author) of a published book on holistic or natural therapies	20 points per book	Copy of book	15
Author of a book review for any holistic or natural therapies journal	3 points per review	Copy of review	6
Subscription to holistic or natural therapies journal	2 points per annual subscription	Receipt of subscription	6
Subscription relating to clinical practice or business management	2 points per annual subscription	Receipt of subscription	6

Purchase of aromatherapy / professional development books, CD ROM (not music) or DVD / videos / research paper	3 points with your own review	Receipt of purchase or loan of material from library A minimum of 50 words review	12
Promoting to the community or as an aromatherapy practitioner volunteer	1 point per hour	Signed CPE log sheet	20
Successful completion of a Senior First Aid Certificate or equivalent	5 points in the year completed	Evidence of certificate or signed CPE log sheet	5
Successful completion of the CPR certificate (Required by Queensland members only)	2 points per certificate	Evidence of certificate or signed CPE log sheet	2
Designing, developing, conducting, participating In research projects	6 points upon completion	Report of findings and proof of participation	20
Lectures, seminars, group presentations, etc - without assessment	2 points per hour	Evidence of certificate / signed CPE log sheet	20
Lectures, seminars, group presentations, etc - with assessment	3 points per hour	Signed CPE log sheet by group leader	20
Providing or Receiving professional coaching, mentoring or supervision in one hour sessions and for self care	1 point per hour	Evidence of participation / signed CPE log sheet	10
Remote learning - with assessment (including on-line education, CD-ROMs, videos, etc)	1 point per hour	Evidence of hours /certificate or signed CPE log sheet	20
Practitioner exchange session	1 point per hour	Signed CPE log sheet	10
FOR REMOTE OR OVERSEAS MEMBERS THE BELOW OPTIONS ARE ALSO AVAILABLE			
Massage techniques review	2 points per treatment for the receiver	Signed CPE log sheet	6
Educational discussion group	2 points per hour. Must have a minimum 3 persons per discussion.	Signed CPE log sheet	6